

	Vegetarian Burrito Bowls		Cilantro Lime Salmon Burgers		Moroccan Chickpeas Stew		Sesame Chicken Stir Fry
	Produce:		Produce:		Produce:		Produce:
<input type="checkbox"/>	Onion	<input type="checkbox"/>	2- Limes	<input type="checkbox"/>	Onion	<input type="checkbox"/>	4- Garlic cloves
<input type="checkbox"/>	2- Red bell pepper	<input type="checkbox"/>	Cilantro	<input type="checkbox"/>	3- Garlic cloves	<input type="checkbox"/>	Stir fry veggies (carrots, baby corn, bok choy, bell peppers)
<input type="checkbox"/>	2- Yellow bell pepper	<input type="checkbox"/>	2- Garlic cloves	<input type="checkbox"/>	Small butternut squash	<input type="checkbox"/>	Chinese parsley/ green onions
<input type="checkbox"/>	2- Green bell pepper	<input type="checkbox"/>	Avocado	<input type="checkbox"/>	Red bell pepper		Meat:
<input type="checkbox"/>	Romaine lettuce	<input type="checkbox"/>	Green onions	<input type="checkbox"/>	Ginger	<input type="checkbox"/>	1 lb Chicken breast
<input type="checkbox"/>	2 onions (if making pico)	<input type="checkbox"/>	Red onion (optional topping)	<input type="checkbox"/>	Zucchini (optional)		Grocery:
<input type="checkbox"/>	2- Tomatoes (if making pico)	<input type="checkbox"/>	Sprouts (optional topping)	<input type="checkbox"/>	Arugula (optional topping)	<input type="checkbox"/>	Baking soda
<input type="checkbox"/>	Cilantro(if making pico)	<input type="checkbox"/>	Sweet potatoes (optional)		Grocery:	<input type="checkbox"/>	Soy sauce
<input type="checkbox"/>	2- Limes(if making pico)	<input type="checkbox"/>	Salad (optional)	<input type="checkbox"/>	Red lentils	<input type="checkbox"/>	Oyster sauce / fish sauce
	Grocery:		Meat:	<input type="checkbox"/>	15 oz can garbanzo beans	<input type="checkbox"/>	Rice vinegar
<input type="checkbox"/>	Basmati rice	<input type="checkbox"/>	1 1/2 lbs Salmon	<input type="checkbox"/>	Cumin	<input type="checkbox"/>	Sesame oil
<input type="checkbox"/>	Cumin		Grocery:	<input type="checkbox"/>	Turmeric	<input type="checkbox"/>	Chilli flakes
<input type="checkbox"/>	Oregano	<input type="checkbox"/>	Mayonnaise	<input type="checkbox"/>	Paprika	<input type="checkbox"/>	Brown sugar
<input type="checkbox"/>	Corn frozen/canned	<input type="checkbox"/>	Bread crumbs or almond flour	<input type="checkbox"/>	Cinamon	<input type="checkbox"/>	Peanut oil
<input type="checkbox"/>	2- Cans black beans	<input type="checkbox"/>	Greek yogurt	<input type="checkbox"/>	15 oz Tomato sauce	<input type="checkbox"/>	Sesame seeds
<input type="checkbox"/>	Sour cream	<input type="checkbox"/>	Olive oil	<input type="checkbox"/>	Vegetable broth	<input type="checkbox"/>	Rice/ cauliflower rice
<input type="checkbox"/>	Guacamole	<input type="checkbox"/>	Salt	<input type="checkbox"/>	Quinoa		
<input type="checkbox"/>	Salsa (optional)	<input type="checkbox"/>	Pepper	<input type="checkbox"/>	Salt		
<input type="checkbox"/>	Shredded cheese	<input type="checkbox"/>	Buns (optional)	<input type="checkbox"/>	Pepper		
<input type="checkbox"/>	Salt	<input type="checkbox"/>	Pickles (optional topping)	<input type="checkbox"/>	Coconut yogurt (optional topping)		
<input type="checkbox"/>	Pepper						
<input type="checkbox"/>	Olive oil						
<input type="checkbox"/>	Pepper powder (if making pico)						